



When interest rates rise - Does real estate fail?

Rob Brown, PhD, CFA

Julex Capital Advisory Board Member, Website www.robbrownonline.com



40 Grove Street, Suite 140, Wellesley, MA 02482

Phone 781-489-5398

Email info@julexcapital.com

Web www.julexcapital.com

“... low interest rates and cheap credit also cause people to act foolishly or greedily ...”

Fareed Zakaria

**What
happens
when interest
rates rise?**



And the next cycle will be back up again

16 %

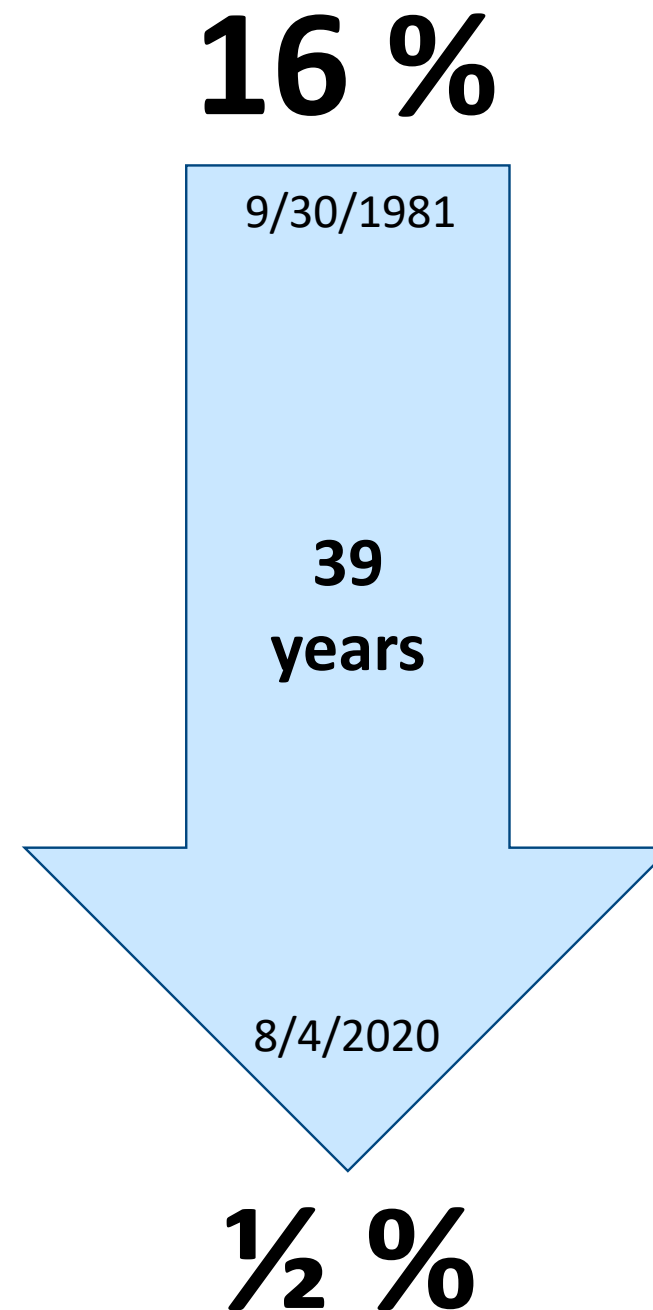
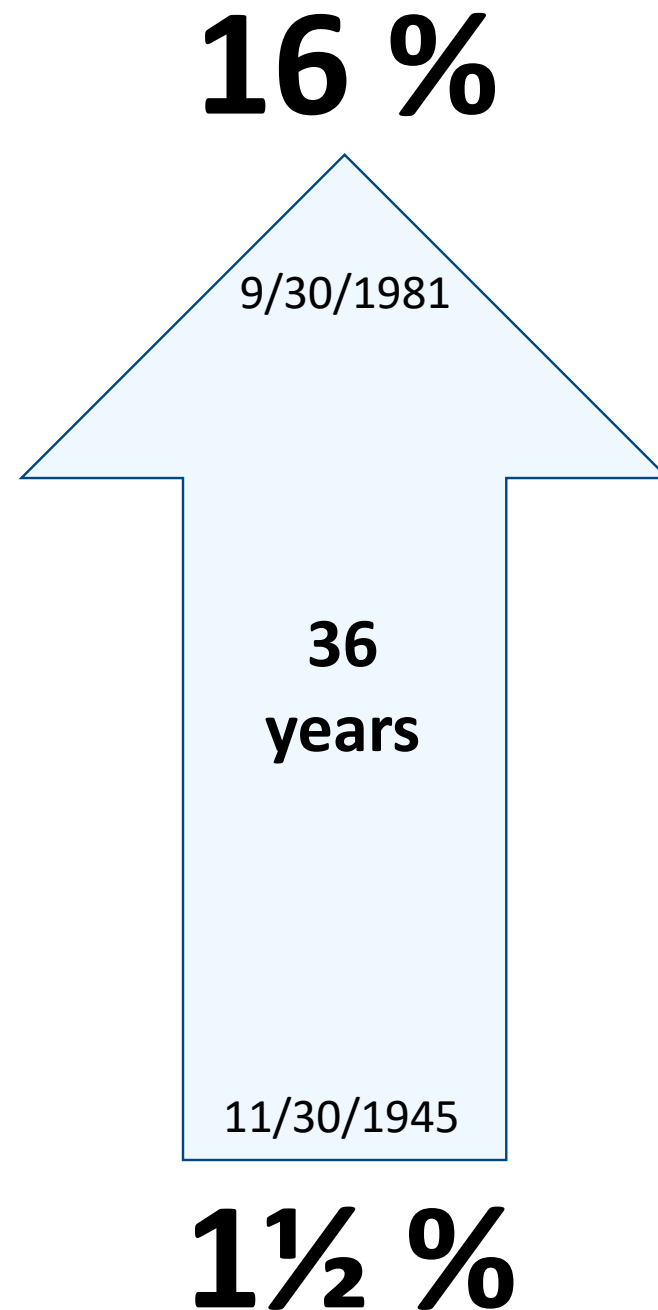
9/30/1981

**39
years**

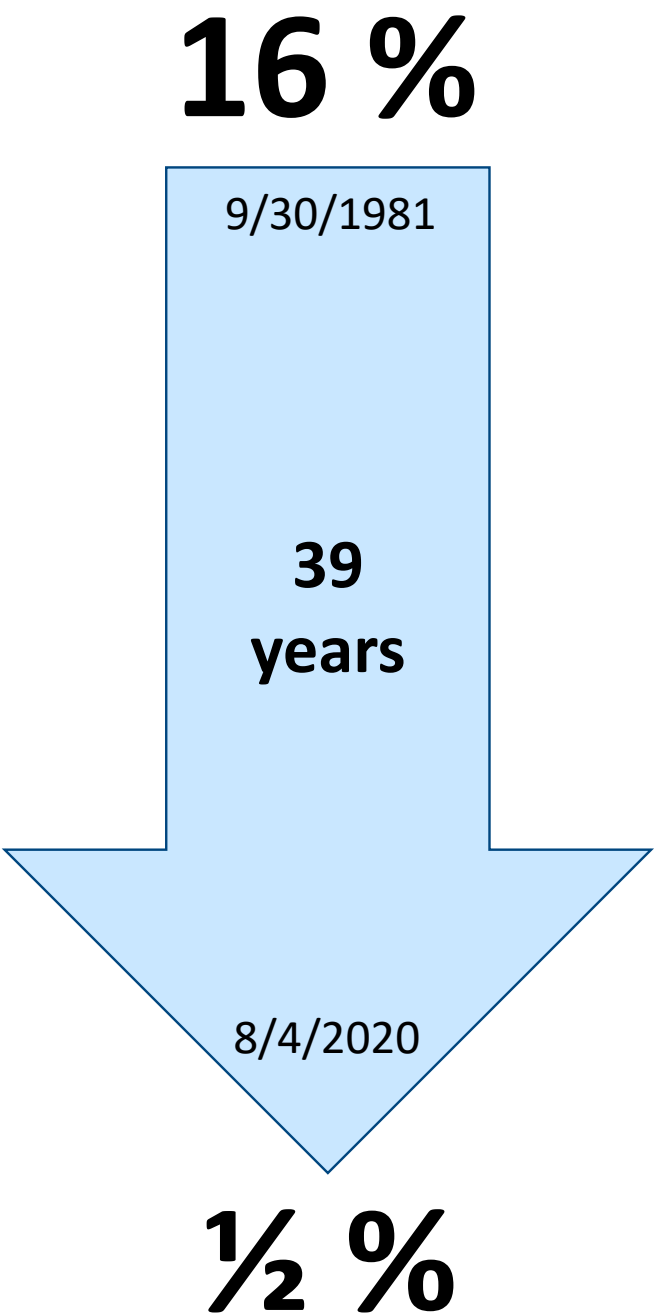
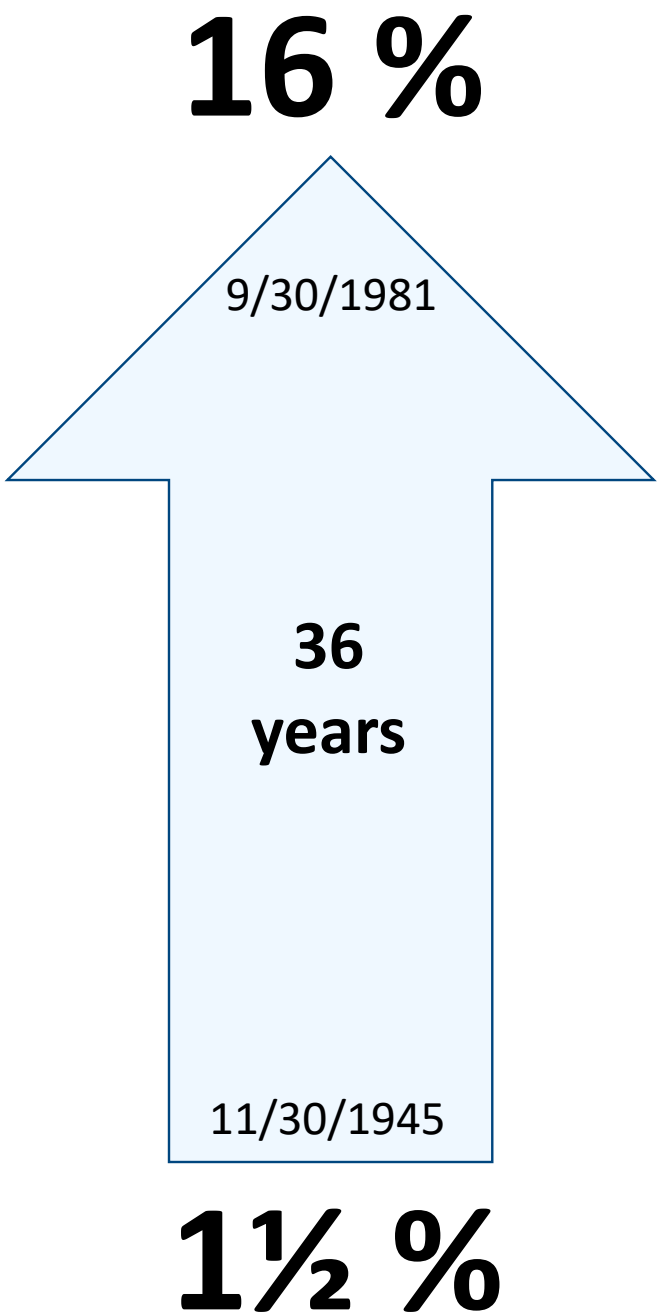
8/4/2020

1/2 %

And the next cycle will be back up again



And the next cycle will be back up again



Are you in denial about interest rates . . . or bonds?



Bull markets for inflation-adjusted U.S. bonds since 1845

	Cumulative percentage return, unannualized	Duration in years	Start date	End date	Volatility, annualized standard deviation of monthly returns	Percentage of monthly returns that were POSITIVE	Annualized return during BULL market
	184	17.58	Aug 1845	Mar 1863	5.3	70	6.1
	1075	43.08	Nov 1865	Dec 1908	3.5	75	5.9
	379	20.67	May 1920	Jan 1941	5.2	73	7.9
	26	7.75	Aug 1957	May 1965	2.6	70	3.0
	1008	38.83	Sep 1981	Jul 2020	6.8	61	6.4
Median BULL market	379	20.67			5.2	70	6.1
Mean BULL market	534	25.58			4.7	70	5.9

Bull markets for inflation-adjusted U.S. bonds since 1845

	Cumulative percentage return, unannualized	Duration in years	Start date	End date	Volatility, annualized standard deviation of monthly returns	Percentage of monthly returns that were POSITIVE	Annualized return during BULL market
	184	17.58	Aug 1845	Mar 1863	5.3	70	6.1
	1075	43.08	Nov 1865	Dec 1908	3.5	75	5.9
	379	20.67	May 1920	Jan 1941	5.2	73	7.9
	26	7.75	Aug 1957	May 1965	2.6	70	3.0
	1008	38.83	Sep 1981	Jul 2020	6.8	61	6.4
Median BULL market	379	20.67			5.2	70	6.1
Mean BULL market	534	25.58			4.7	70	5.9

Bear markets for inflation-adjusted U.S. bonds since 1845

	Cumulative percentage return, unannualized	Duration in years	Start date	End date	Volatility, annualized standard deviation of monthly returns	Percentage of monthly returns that were POSITIVE	Annualized return during BEAR market
	-22	2.67	Mar 1863	Nov 1865	6.1	31	-9.1
	-50	11.42	Dec 1908	May 1920	4.8	41	-5.9
	-31	16.58	Jan 1941	Aug 1957	3.3	45	-2.2
	-40	16.33	May 1965	Sep 1981	6.4	45	-3.0
	?	?	Jul 2020	?	?	?	?
Median BEAR market	-35	13.87			5.4	43	-4.5
Mean BEAR market	-36	11.75			5.1	40	-5.0

Bear markets for inflation-adjusted U.S. bonds since 1845

	Cumulative percentage return, unannualized	Duration in years	Start date	End date	Volatility, annualized standard deviation of monthly returns	Percentage of monthly returns that were POSITIVE	Annualized return during BEAR market
	-22	2.67	Mar 1863	Nov 1865	6.1	31	-9.1
	-50	11.42	Dec 1908	May 1920	4.8	41	-5.9
	-31	16.58	Jan 1941	Aug 1957	3.3	45	-2.2
	-40	16.33	May 1965	Sep 1981	6.4	45	-3.0
	?	?	Jul 2020	?	?	?	?
Median BEAR market	-35	13.87			5.4	43	-4.5
Mean BEAR market	-36	11.75			5.1	40	-5.0

Why must interest rates go back up?

- When you lend . . .
- You . . .
 - Give up use of your money
 - Give up control
 - Incur possible loss
- So why do you lend your money?
 - You expect to get something valuable and meaningful in return
 - That requires that you must experience a net gain
 - Therefore, your return must be greater than taxes . . . and inflation

Why must interest rates go back up?

- **Example**

- Your marginal state/federal tax rate is 45%
- Inflation is 2.5%
- You only require to net $\frac{1}{4}$ % . . . genuine gain

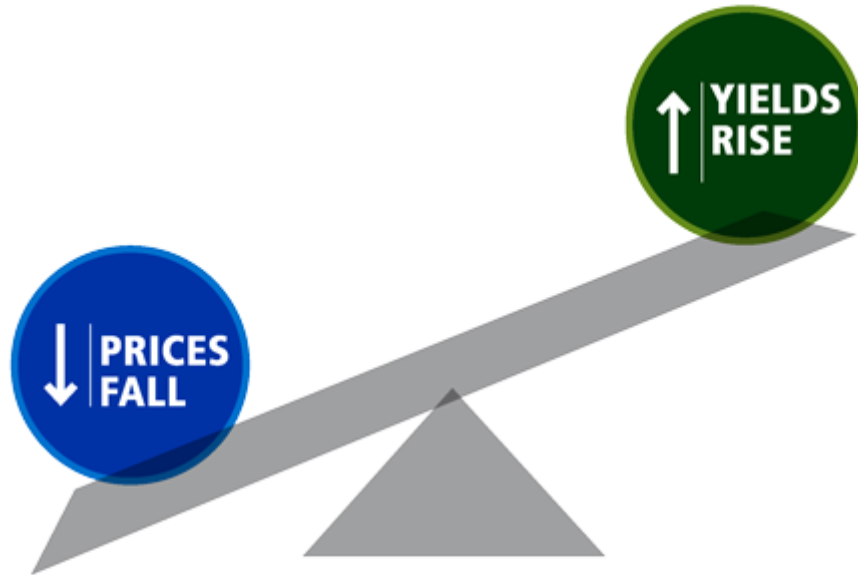
- **What must interest rates be?**

- **Answer is 5.0%**

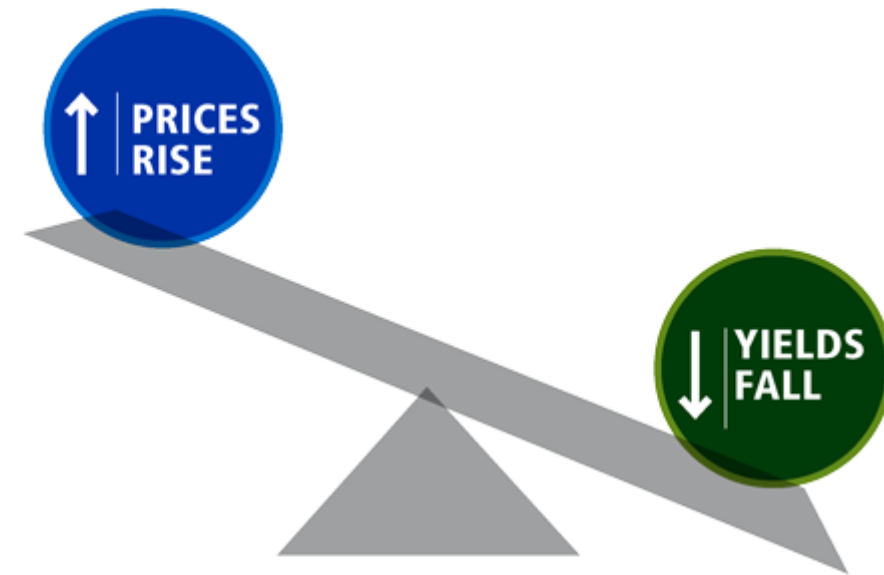
- **But today the interest rate (on 10-year Treasury) is only 1.4%**

- **What do you think will happen? the answer is pretty ugly**

When interest rates rise



When interest rates fall



So, why not sell your bonds and replace them with real estate?

Many suggest that real estate thrives during rising interest rate environments

BUT . . . does it really . . . or is this just another one of those endless stories

Does this picture also apply to real estate? *OUCH !!*

When interest rates rise



When interest rates fall



Well . . . What did cap rates on real estate do?

- Fell from 9.4%
- Down to 4.8%

Cap rates on commercial institutional-quality real estate



What's today's VALUE for a single commercial building

- Institutional-quality commercial building
- Delivers \$1 million back to the owner . . . each and every year . . . for the next 50 years
- Depreciates over 50 years
- Has zero value . . . at the end of 50 years

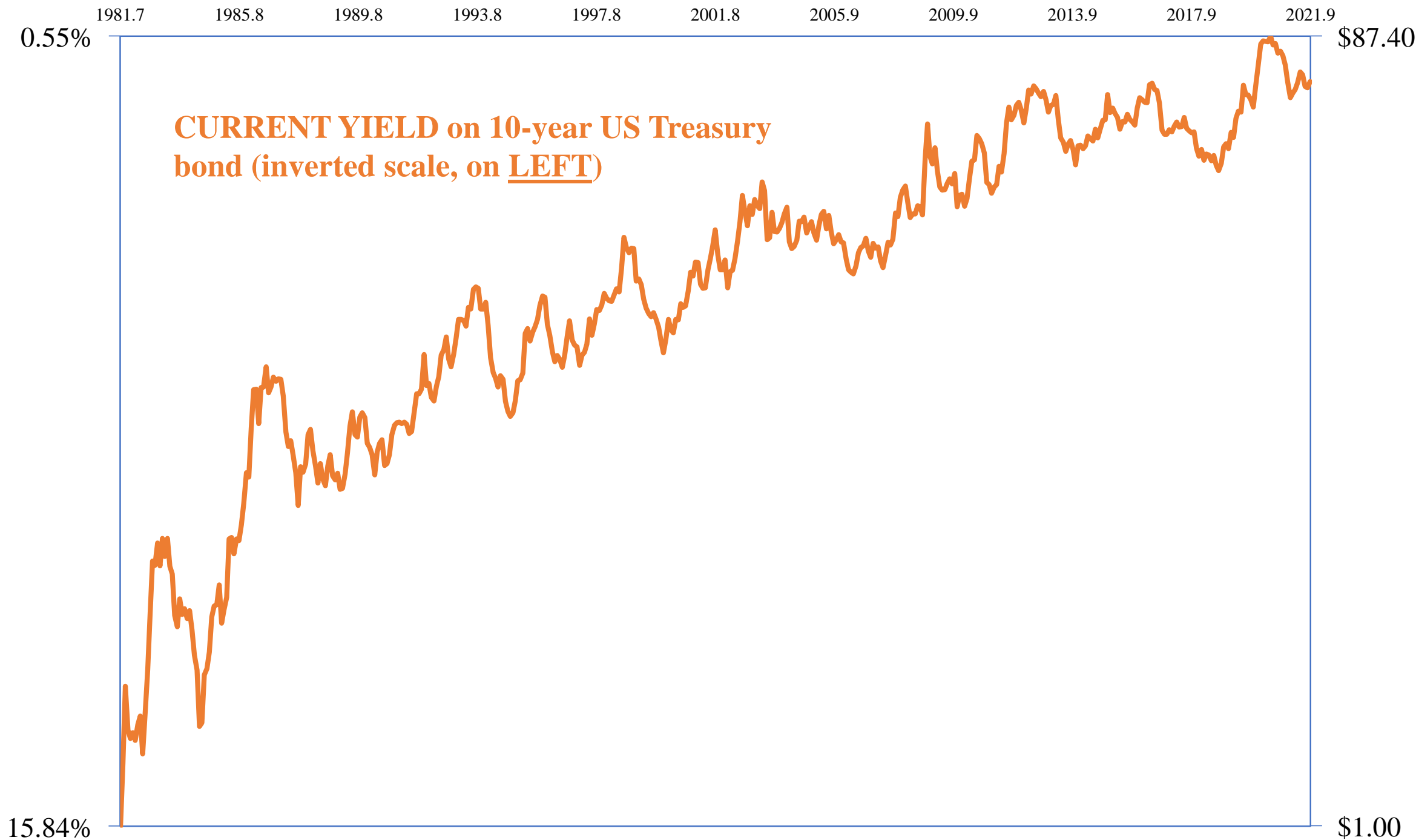
Does this picture also apply to real estate? *OUCH !!*



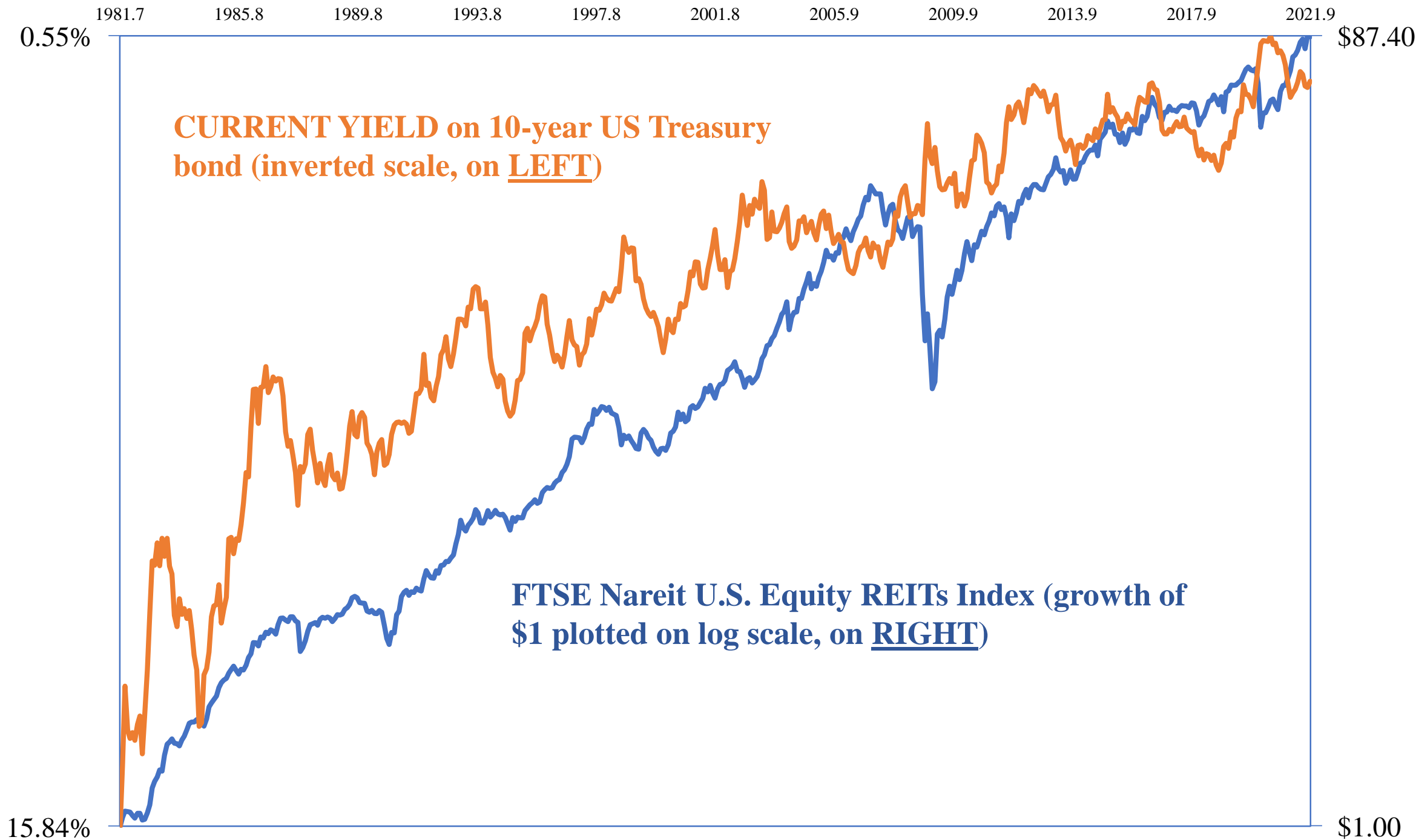
Ouch . . . serious *ouch* !!

- At one point . . . The building was worth \$10.6 million
 - At another point, it was worth \$18.9 million
-
- In other words if the only only thing that happened was that cap rates went from today's level to back where they were in 1997 then the value of your real estate would FALL by -44%
 - Do you consider a **loss of -44%** . . . to represent a safe conservative investment?

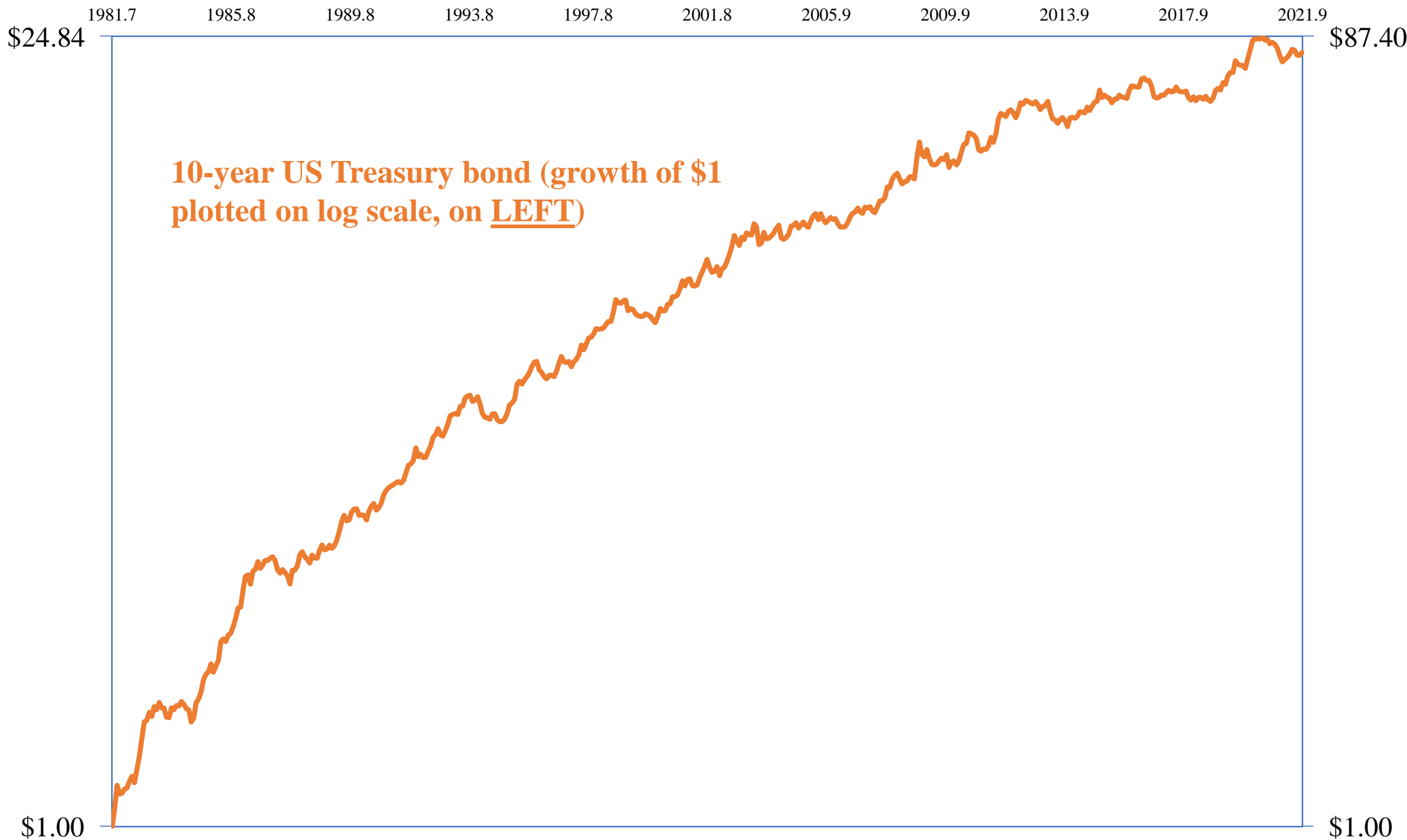
Does this picture also apply to real estate? *OUCH !!*



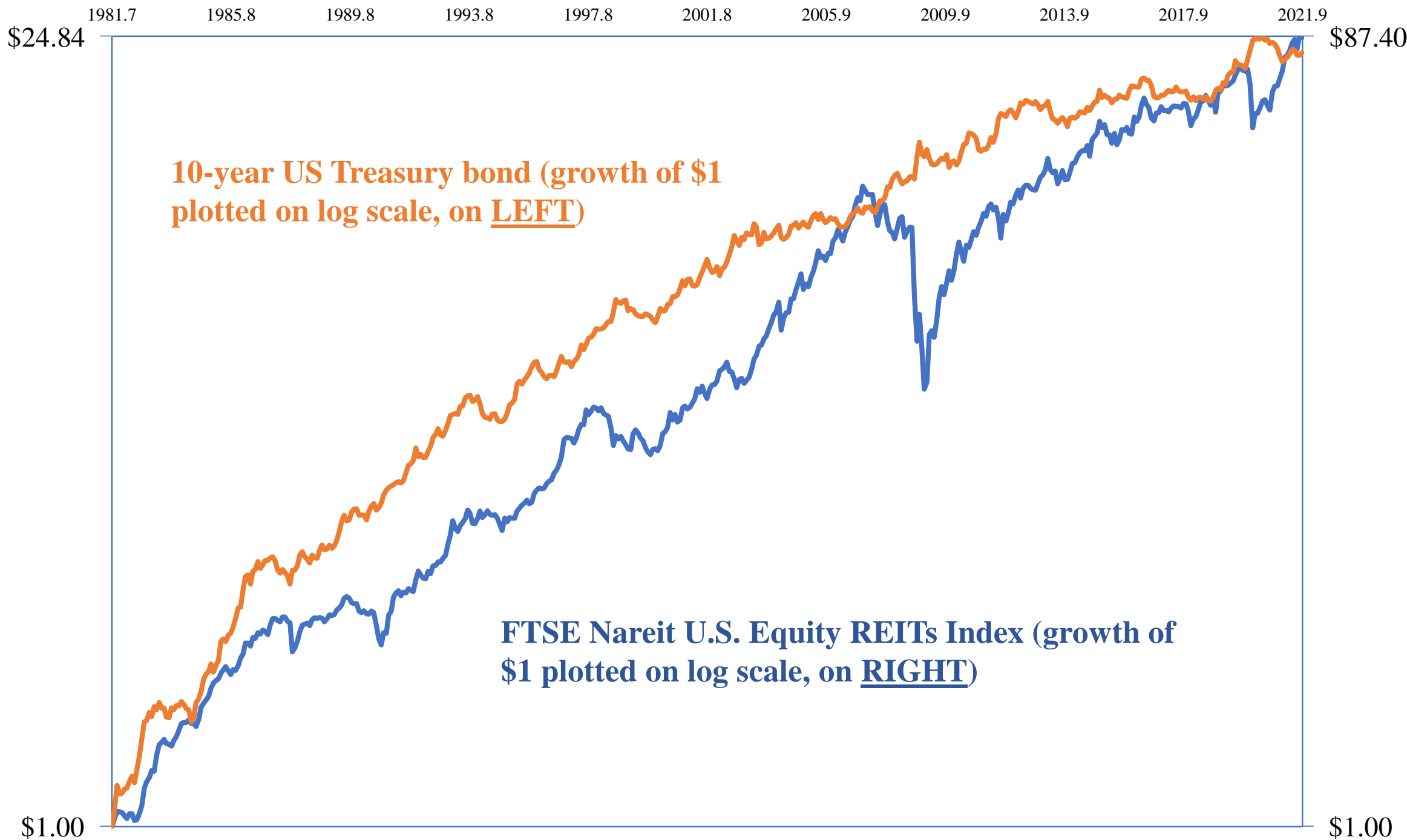
Does this picture also apply to real estate? *OUCH !!*



Does this picture also apply to real estate? *OUCH !!*



Does this picture also apply to real estate? *OUCH !!*



What's the problem with real estate

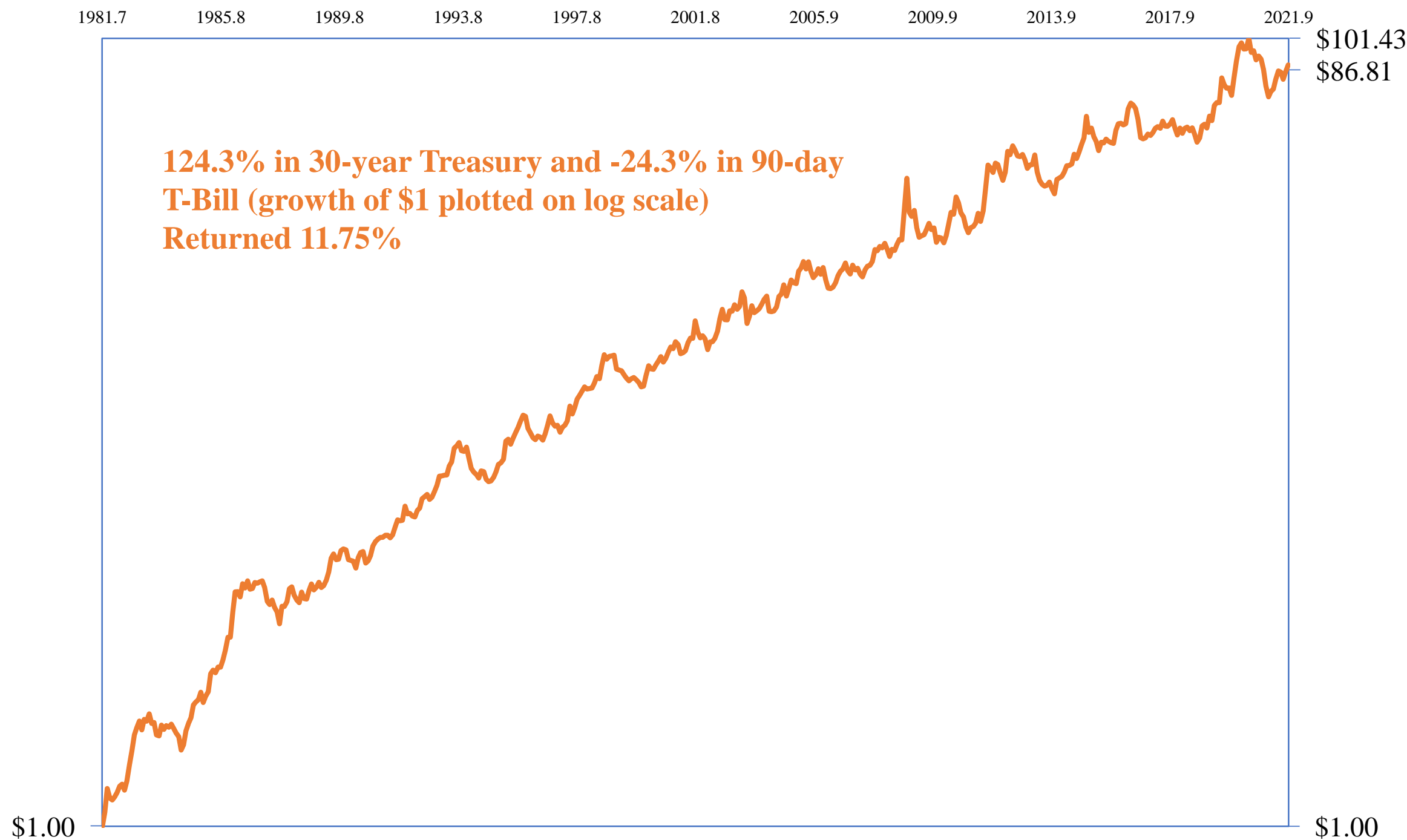
- Is it really a different asset category?
- Or is it nothing more than a *wolf in sheep's clothing*
- Is it nothing more than a 30-year bond dressed up to look like something different
- When cap-rates go back up . . . **won't real estate crash and burn . . . just like bonds?**
- What does the data show?



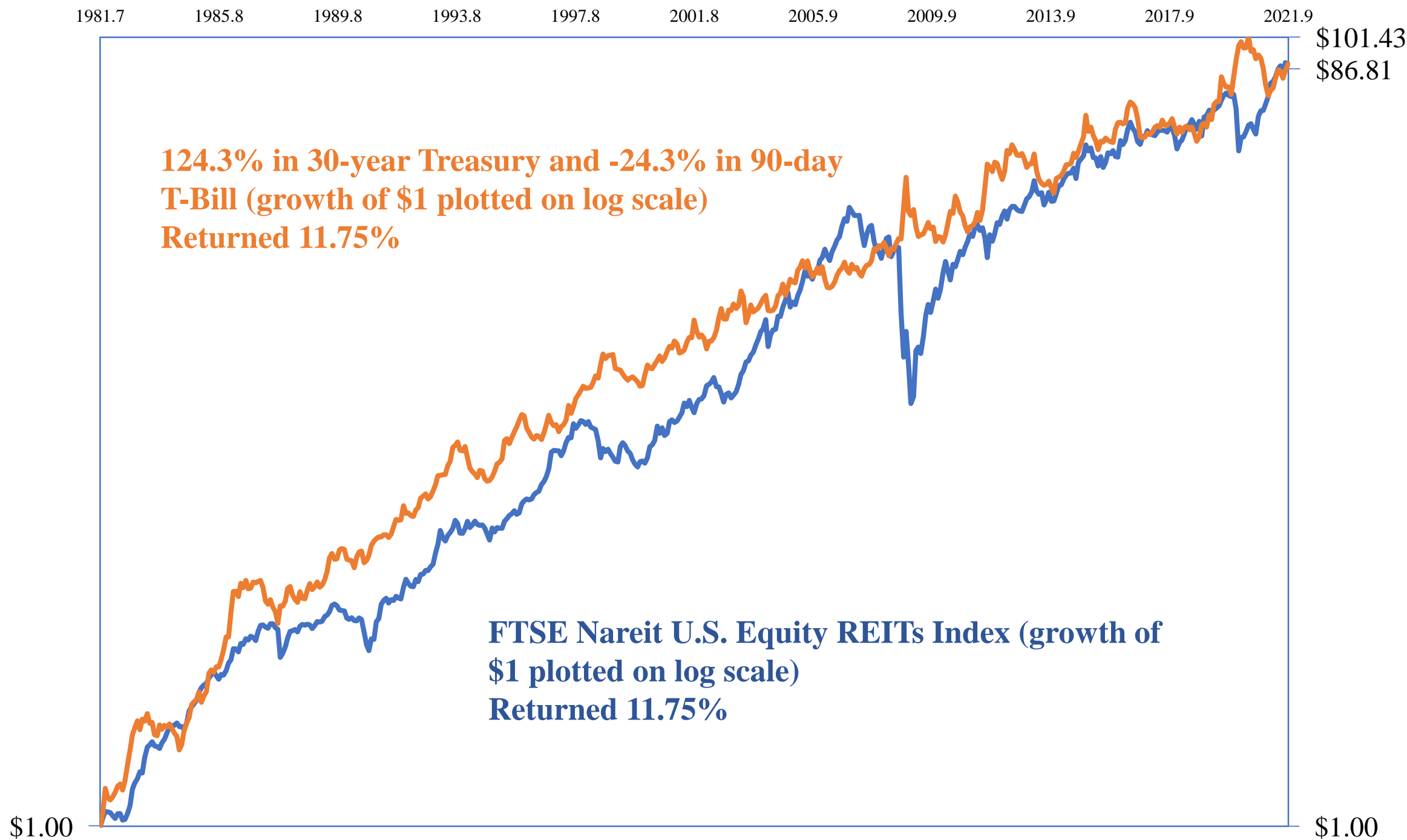
Maybe real estate is just an ugly bond

- Maybe commercial real estate is nothing more than a
- Levered long-bond
- If so *Ouch !!*

Does this picture also apply to real estate? *OUCH !!*



Does this picture also apply to real estate? *OUCH !!*



Don't fall for the siren call . . . of the real estate wholesalers

- *“But the returns have been so good for 30 years”*
- *“The current yield is so high”*



You can't invest in the past . . . Only in the future

So how do we answer the dead serious question

What happens to real estate when interest rates rise?

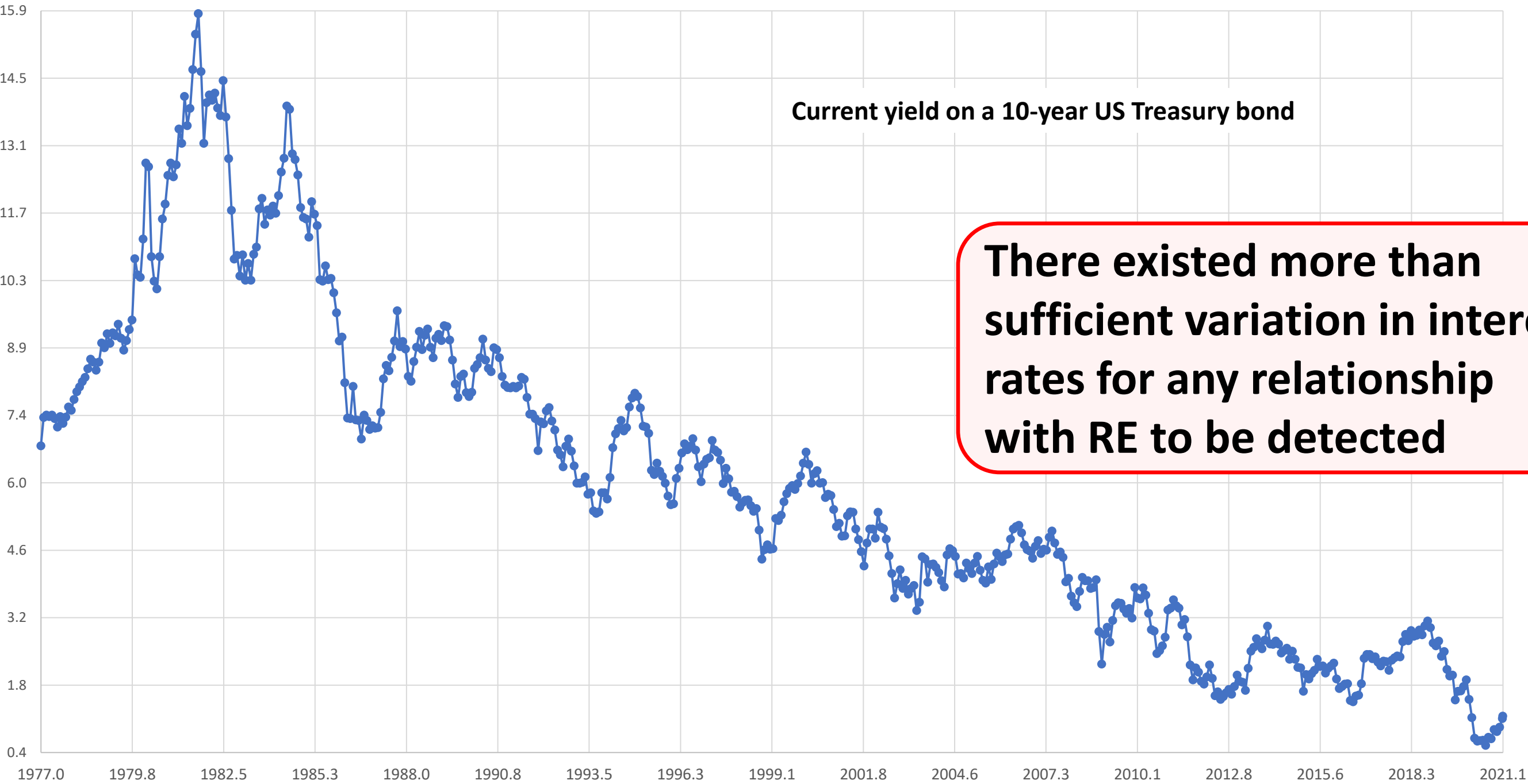
The analysis

The data

- NCREIF (National Council of Real Estate Investment Fiduciaries)
- Gross of fee NFI-ODCE Index
 - The NFI-ODCE is a capitalization-weighted, gross of fee, time-weighted return index. NCREIF began calculating the NFI-ODCE in 2006 with data back to 1977. Supplemental data is also provided, such as equal-weight and net of fee returns, for informational purposes and additional analysis. Open-end Funds are generally defined as infinite-life vehicles consisting of multiple investors who have the ability to enter or exit the fund on a periodic basis, subject to contribution and/or redemption requests, thereby providing a degree of potential investment liquidity. The term Diversified Core Equity style typically reflects lower risk investment strategies utilizing low leverage and generally represented by equity ownership positions in stable U.S. operating properties. There are currently 24 private funds that are included in the index.
- Spans the time period 1977 to the present

- Stepwise regression
- Two approaches
 - Fair and balanced . . . an unbiased attempt to pursue the statistical analysis with honesty
 - Bring the data into the backroom . . . and make it confess, even though you know the confession is a lie
- Result
 - Based on live portfolio results spanning 1977-2022
 - It is absolutely impossible to show even the slightest relationship between real estate and interest rates (other than 90-day T-Bills)

Interest rates since 1977



Current yield on a 10-year US Treasury bond

There existed more than sufficient variation in interest rates for any relationship with RE to be detected

- Based on live results over the last 44 years
- Don't worry about rising interest rates . . . or a bond bear market
- Based on actual commercial real estate returns since 1977, there exists absolutely NO statistical evidence (not even a mere suggestion) that one needs to worry about rising interest rates

- It appears that true commercial real estate
- I'm talking the direct ownership of commercial bricks & mortar
- Remains significantly independent of the direction of interest rates and/or bond bull/bear markets

But, are there still concerns

Of course there are . . .

And they have to do with what commercial real estate does correlate to

Since 1977 real estate returns have correlated with . . .

- Over the last 44 years, commercial core real estate has strongly correlated with
- These are listed in order of association . . . with the strongest determinant listed first
- Industrial Production
- Inflation
- S&P 500 Financials Index
- 90-Day U.S. Treasury Bills
- Core (not value and not growth) U.S. stocks
- Oil prices

Why was there no relationship between interest rates & real estate?

That is a deeper question

But . . . let's take a stab

REITs are real estate working for you

The REIT approach to real estate investing provides investors with a straightforward and transparent means to access a fundamental asset class in order to pursue distinct goals.

Performance

The real estate market is the primary driver of REIT returns, therefore REITs may be used as a liquid proxy for gaining access to the entire commercial real estate asset class²

Liquidity

Bought and sold like other stocks, mutual funds and ETFs

Diversification

Low correlation with other stocks and bonds⁴

Dividends

Reliable income returns³ driven by high and growing income from rents plus capital appreciation over time

Inflation Protection

Due in part to the fact that many leases are tied to inflation and that real estate values have tended to increase in response to rising replacement costs

Key performance statistics through December 31, 2020 include:

10.0% The trailing 25-year annualized total return of the Index*

15 The total number of years out of the past 25 that the Index* has outperformed the S&P 500

3.8% The dividend yield of the Index* (which was more than double the S&P 500 dividend yield of 1.5%)

*Key performance data for the FTSE Nareit All Equity REITs Index through 12/31/20. For the latest data visit <https://www.ftse.com/indices/europe/real-estate/ftse-nareit-all-equity-reits-index>

For internal use only, do not share with clients or prospects

REITs are real estate working for you

The REIT approach to real estate investing provides investors with a straightforward and transparent means to access a fundamental asset class in order to pursue distinct goals.

Performance

The real estate market is the primary driver of REIT returns, therefore REITs may be used as a liquid proxy for gaining access to the entire commercial real estate asset class²

Liquidity

Bought and sold like other stocks, mutual funds and ETFs

Diversification

Low correlation with other stocks and bonds⁴

Dividends

Reliable income returns³ driven by high and growing income from rents plus capital appreciation over time

Inflation Protection

Due in part to the fact that many leases are tied to inflation and that real estate values have tended to increase in response to rising replacement costs

Key performance statistics through December 31, 2020 include:

10.0% The trailing 25-year annualized total return of the Index*

15 The total number of years out of the past 25 that the Index* has outperformed the S&P 500

3.8% The dividend yield of the Index* (which was more than double the S&P 500 dividend yield of 1.5%)

*Key performance data for the FTSE Nareit All Equity REITs Index through 12/31/20. For the latest data visit <https://www.ftse.com/indices/europe/real-estate/ftse-nareit-all-equity-reits-index>

For internal use only, do not share with clients or prospects

Nareit Real estate working for you®

I would also offer, that commercial real estate portfolios are levered . . . and in that sense are “short” interest rates

This would work to negate part of the exposure

Recap

Does real estate solve the “Bonds are a bomb” problem

- Real estate is a partial solution

- Real estate is a partial solution
- Historical evidence suggests that interest rates are not a problem for real estate

- Real estate is a partial solution
- Historical evidence suggests that interest rates are not a problem for real estate
- BUT . . . real estate will not hold up during severe stock bear markets

- Real estate is a partial solution
- Historical evidence suggests that interest rates are not a problem for real estate
- BUT . . . real estate will not hold up during severe stock bear markets
- Future returns will be primarily driven by
 - US economic growth
 - US inflation
 - US stock market - specifically, “financials” and “core”

- Real estate is a partial solution
- Historical evidence suggests that interest rates are not a problem for real estate
- BUT . . . real estate will not hold up during severe stock bear markets
- Future returns will be primarily driven by
 - US economic growth
 - US inflation
 - US stock market - specifically, “financials” and “core”
- If historical relationships continue to hold . . . returns should be satisfactory

- Real estate is a partial solution
- Historical evidence suggests that interest rates are not a problem for real estate
- BUT . . . real estate will not hold up during severe stock bear markets
- Future returns will be primarily driven by
 - US economic growth
 - US inflation
 - US stock market - specifically, “financials” and “core”
- If historical relationships continue to hold . . . returns should be satisfactory
- Selection is critical
 - Look for real exposure . . . look inside to confirm that the reality matches the story
 - Avoid niche investments that are hot stories from the past
 - Keep costs down
 - Find managers with a competitive edge who are operating in the least traveled and most attractively priced slices of the bricks & mortar marketplace

For more information contact



Jeff Megar, CFA
Email jeff.megar@julexcapital.com
Office 781-772-1378



Liam Flaherty
Email liam.flaherty@julexcapital.com
Office 781-489-5398

Tactical asset allocation during bull markets and during rising interest rate environments

Friday

January 7th

11:00 a.m. EASTERN

All data and statistics were provided by Global Financial Data, Inc. (unless otherwise indicated in the exhibit)

This information in this presentation is for the purpose of information exchange. This is not a solicitation or offer to buy or sell any security. You must do your own due diligence and consult a professional investment advisor before making any investment decisions. The use of a proprietary technique, model or algorithm does not guarantee any specific or profitable results. Past performance is not indicative of future returns. The performance data presented are gross returns, unless otherwise noted.

The risk of loss in trading securities can be substantial. You should therefore carefully consider whether such trading is suitable for you in light of your financial condition. All information posted is believed to come from reliable sources. We do not warrant the accuracy or completeness of information made available and therefore will not be liable for any losses incurred.

Some part of the investment performance shown is HYPOTHETICAL. It is based on the back tests of historical data. Hypothetical performance results have many inherent limitations, some of which are described below. No representation is being made that any account will or is likely to achieve profits or losses similar to those shown. In fact, there are frequently sharp differences between hypothetical performance results and the actual results subsequently achieved by any particular trading program.

One of the limitations of hypothetical performance results is that they are generally prepared with the benefit of hindsight. In addition, hypothetical trading does not involve financial risk, and no hypothetical trading record can completely account for the impact of financial risk in actual trading. For example, the ability to withstand losses or adhere to a particular trading program in spite of trading losses are material points which can also adversely affect actual trading results. There are numerous other factors related to the markets in general or to the implementation of any specific trading program which cannot be fully accounted for in the presentation of hypothetical performance results and all of which can adversely affect actual trading results.

The composition of a benchmark index may not reflect the manner in which a Julex portfolio is constructed in relation to expected or achieved returns, investment holdings, portfolio guidelines, restrictions, sectors, correlations, concentrations, volatility, or tracking error targets, all of which are subject to change over time.

No representation or warranty is made to the reasonableness of the assumptions made or that all assumptions used to construct the performance provided have been stated or fully considered.